MAKE A DIFFERENCE TODAY

Do you enjoy helping older adults? Would you like to share your time and talents in a deeply meaningful way? The Pines at Davidson, a Continuing Care Retirement Community, is seeking volunteers for its Schramm Health Center.

Volunteers play an active and important role at The Pines. We are always looking for compassionate and energetic people who want to meet the needs of our residents. Being a volunteer has many ways of benefiting you and those who receive the care. You have:

- A chance to enhance people's lives
- Enjoy a sense of purpose and personal fulfillment
- Develop personal connections with residents, family members and staff
- Share a special skill set with others
- Opportunity to be in a great learning environment for those who want to have a career in the health field

We will ensure that your customized experience as a volunteer at The Pines will make a positive impact for everyone involved.



• NEEDS

- Help with resident activities, including music or other sensory therapies
- Assist with technology
- Escort residents to/from meals, activities, and off-campus outings
- Walk with residents on Pines campus
- Visit one-on-one with residents
- Help with baking and cooking
- Assist with spiritual services such as devotions
- Deliver mail
- Read to residents
- Share an interest or activity such as performing on an instrument
- Lead table games
- Assist with a special event, such as birthday gatherings
- Help with creative arts and crafts programming



To learn more about how you can volunteer, please contact Heather Hartwig, Recreational Therapy Supervisor and Volunteer/Intern Coordinator at The Pines at hhartwig@thepinesatdavidson.org or at 704-896-1499.



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